



OpCOMMUNITY

NHS

Armed Forces
Community Support



Contact

01609 765315

hnyicb-ny.spocmilitaryfamilies@nhs.net

For more information on health services for the Armed Forces community
visit
nhs.uk/armedforceshealth

Supporting the Armed Forces Community in Humber & North Yorkshire

Op COMMUNITY is a support service for the Armed Forces
Community provided by Heartbeat for Humber & North
Yorkshire ICB




What is Op COMMUNITY?

We're here as an easy and accessible single point of contact for Armed Forces families, carers and communities across Humber and North Yorkshire with their health and social care needs.

Who can Op COMMUNITY help?

Families of serving personnel, reservists, veterans, transferring and resident families, and carers within the armed forces community.

How long does it take?



48 hour
initial
response

If you need help navigating the NHS as a Service family, get in touch today to see how we can help you.

How can Op COMMUNITY help?

- Assist directly and provide avenues of support
- Liaise with other organisations on your behalf to ensure a smooth transition of your care when moving between areas
- Ensure continuation of treatment and considered waiting list positions
- Provide advice, guidance and support on how to use the NHS
- Advise on your nearest Veteran Friendly GP Practice
- Provide access to Social Prescribing Support-helping you to find local health and wellbeing support
- Put you in touch with a Service Champion in an organisation
- Provide information on trauma support services for both physical and psychological trauma

How do I get in touch?

Tel: 01609 765315

Email: hnyicb-ny.spocmilitaryfamilies@nhs.net